

### **Bringing out the best**

By providing balanced, nutritional meals to help support maximum learning

Supporting you to ensure we are an integral part of the school day



# hisotrain

Dudley's school meals are proud to be part of history, dating back to the end of the 18th century. We are still leaders in the field today, and committed to our aim of bringing out the best in every child, by giving nourishment during the school day and in turn support learning.

Our history starts in 1879, following the 1870 Education Act when Manchester school board began to provide school meals.

The realisation that something needed to be done to feed school children came from proposals by Sir William Reynell Anson (Secretary to the board of education), after a report highlighted that 6 in 10 volunteers during the Boar War were found to be undernourished.

In 1904 Bradford's local authority were the first to provide a school meal service, and in 1906 Dudley followed suit.

On 28th October 1907, 750 school children sat down to one of the first ever school dinners, consisting of Scotch broth, fruit tart, bread and water.

Since then, Dudley has strived to bring out the best of the children in our borough, and will continue to do so with our experienced, committed service.



3rd Sept, 24th Sept, 15th Oct, 12th Nov, 3rd Dec, 7th Jan, 28th Jan, 25th Feb, 18th March, 8th April, 13th May, 10th June, 1st July

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Week 1
<b>Monday</b> Sausage or Quorn sausage in onion gravy Fish fingers
<b>Tuesday</b> Cottage pie Beef or Quorn pasta bolognaise Cod bites
<b>Wednesday</b> Roast beef and Yorkshire pudding Fish cakes
<b>Thursday</b> Chicken pie Halal chicken wrap Battered fish
<b>Friday</b> Pizza with variety of toppings Salmon bites
Meals are accompanied by a variety of vegetables. Chicken wraps are available on Thursdays and an additional pasta option will be served once or twice a \Veek. Halal choice is available.
Salad bar, cheese, tuna or ham sand\.viches, jacket potatoes, fish, fresh bread, cheese & biscuits, yoghurt, jelly, fresh fruit salad, ½ fruit desserts, fresh fruit bowl and water.
A display board in the dining room shows photographs of the day's meals available to help the children to choose their meal.



10th Sept, 1st Oct, 22nd Oct, 19th Nov, 10th Dec, 14th Jan, 4th Feb, 4th March, 25th March, 29th April, 20th May, 17th June, 8th July

### Week 2 Monday Steak pie/chicken nuggets **Fish fingers Tuesday** All day breakfast (include Quorn option) Beef or Quorn spaghetti bolognaise Cod bites Wednesdav Roast pork and apple sauce Fish cakes Thursday Battered fish fillet Chicken BBQ wrap and Halal **Friday** Chinese chicken curry & wholegrain rice Pizza with variety of toppings Salmon bites Meals are accompanied by a variety of vegetables. Chicken wraps are available on Thursdays and an additional pasta option will be served once or twice a \Veek. Halal choice is available. In addition, the following are available daily: Salad bar, cheese, tuna or ham sand\.viches, jacket potatoes, fish, fresh bread, cheese & biscuits, yoghurt, jelly, fresh fruit salad, 1/2 fruit desserts, fresh fruit bowl and water. A display board in the dining room shows photographs of the day's meals available to help the children to choose their meal.



17th Sept, 8th Oct, 5th Nov, 26th Nov, 17th Dec, 21st Jan, 11th Feb, 11th March, 1st April, 6th May, 3rd June, 24th June, 15th July

#### Week 3 Monday Cheese and onion quiche **Burgers/Fish fingers Tuesday** Tempura fish goujons Beef or Quorn spaghetti bolognaise/Cod bites Wednesday Roast chicken & seasoning Fish cakes Thursday Cheese savoury Chicken BBQ wraps and Halal Battered fish fillet Friday Pizza Salmon bites Meals are accompanied by a variety of vegetables. Chicken wraps are available on Thursdays and an additional pasta option will be served once or twice a \Veek. Halal choice is available. In addition, the following are available daily: Salad bar, cheese, tuna or ham sand\.viches, jacket potatoes, fish, fresh bread, cheese & biscuits, yoghurt, jelly, fresh fruit salad, 1/2 fruit desserts, fresh fruit bowl and water. A display board in the dining room shows photographs of the day's meals available to help the children to choose their meal.

### Daily Vegetables

**Monday** Sweet potato mash, carrots/broccoli

**Tuesday** Fat free wedges, peas/baked beans

Wednesday Fat free roast and creamed potatoes, cauliflower/cabbage

**Thursday** Boiled new potatoes, peas/carrots

**Friday** Chipped potatoes, baked beans/sweetcorn

## 1/2 fruit Desserts

(All made using 50% fruit)

Monday Fruity flapjack & custard

**Tuesday** Fruit sponge & custard

#### Wednesday

Chocolate and beetroot surprise with chocolate sauce

**Thursday** Fruity cheesecake

#### Friday

Fruit crumble & custard.

#### Plus daily chef's choice



and theme days



Fresh bread, cheese & biscuits, yogurt, jelly, fresh fruit salad, fresh fruit bowl, water

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